





## EVENTS FOR PARENTS & CARERS 2017 / 2018

- Wednesday 8th November 10:30 Coffee morning
- Wednesday 15th November 6th December Makaton Stages 1-4
  9:30—12 4 week course
  - Monday 4th December Preparation for Christmas, PEC's etc
    - Tuesday 16th January 10:30 Coffee Morning
- Tuesday 30th January 2018 10:30, Behaviour workshop with Jamie Coe
- Wednesday 21st February 14th March De-stress & Mindfulness course
  9:20—12
  - Monday 26th March 10:30 Coffee morning
  - Tuesday 1st May 22nd May Massage and Aromatherapy
    4 week course TBC
    - Thursday 17th May 10:30 Coffee morning