



TAC PAC is a programme that supports children with sensory processing needs. This may be useful for some children at this time as it is very calming.

For those children who use TAC PAC as part of their sensory program in school, they have been using TAC PAC 1. Please press ctrl and click below for the link below.

<https://www.youtube.com/watch?v=LjrRmNTghGM>

Hopefully this will give you an insight into TAC PAC and support you to have a try at home.