

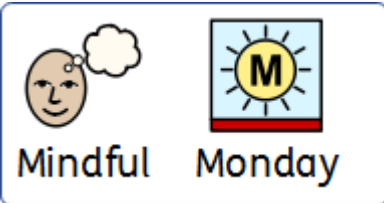
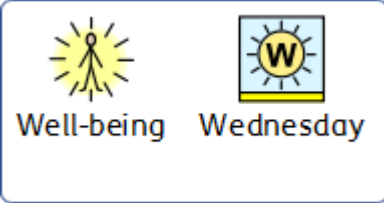
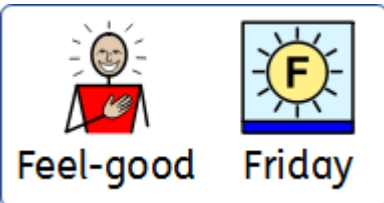


	Activity  Activity	Story  Story
<h3>Mindful Monday</h3>  <p>Mindful Monday</p>	<p><u>Cloud-watching</u> Watch the clouds moving from your window or garden. What shapes can you see in the clouds? How quickly are they moving?</p>	<p>‘Little Cloud’ by Eric Carle https://youtu.be/jWVwkdL98Rs</p> <p>‘Cyril the Lonely Cloud’ https://youtu.be/zlLu9RXitnU</p>
<h3>Well-being Wednesday</h3>  <p>Well-being Wednesday</p>	<p><u>Shadow puppets</u> Use the brighter days to make some shadow puppets in your own home. Perhaps you can put together a short story using different characters.</p>	<p>‘How to make amazing shadow puppets with your hands’ https://youtu.be/8VwCLBn7TjY</p> <p>‘The Foggy Foggy Forest’ https://youtu.be/SjnNBoRZTZE</p>
<h3>Feel-good Friday</h3>  <p>Feel-good Friday</p>	<p><u>Musical drawing</u> Put on some music, any sort you like and complete some drawing alongside listening to the music. Reflect on what sort of shapes and colours you have created. How does the music make you feel?</p>	<p>‘When I’m feeling happy’ by Trace Moroney https://youtu.be/fBISYTkW6kc</p> <p>‘Everyone feels happy’ by Jane Bingham https://youtu.be/cmf58vdd91M</p>