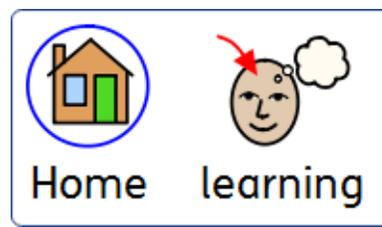
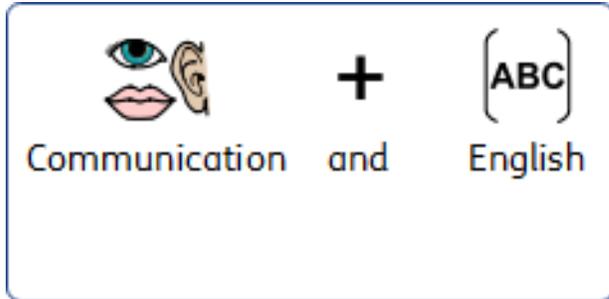


Home learning- Week commencing 13/1/21- 15/1/21



Communication and English



Session 1

Watch the story online- <https://www.youtube.com/watch?v=WyzHDKa0a3M>

Which is the most important rule? Which is the least important rule?

Design a superhero and a sidekick. Can you give them a name?

Session 2

Revisit story from yesterday, What are the 10 rules of being a superhero?

Option 1- Take your superhero from yesterday. What are the 10 rules that they live by?

Option 2- Imagine your superhero's arch enemy. Draw a picture of them. What 10 rules does the villain live by?

Session 3

Watch- Who is your hero? <https://www.youtube.com/watch?v=B5mYnPr1ifo>

Draw a picture of your hero. Perhaps it's your mum, or dad, or brother, sister, teacher, friend or relative.

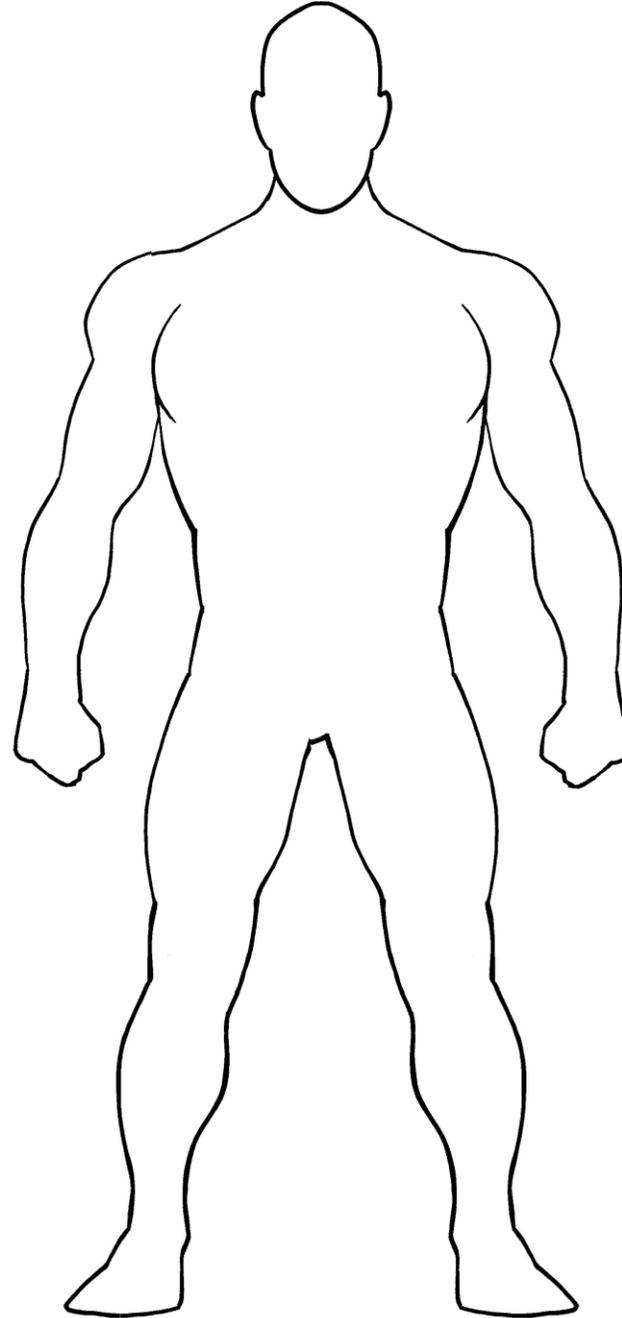
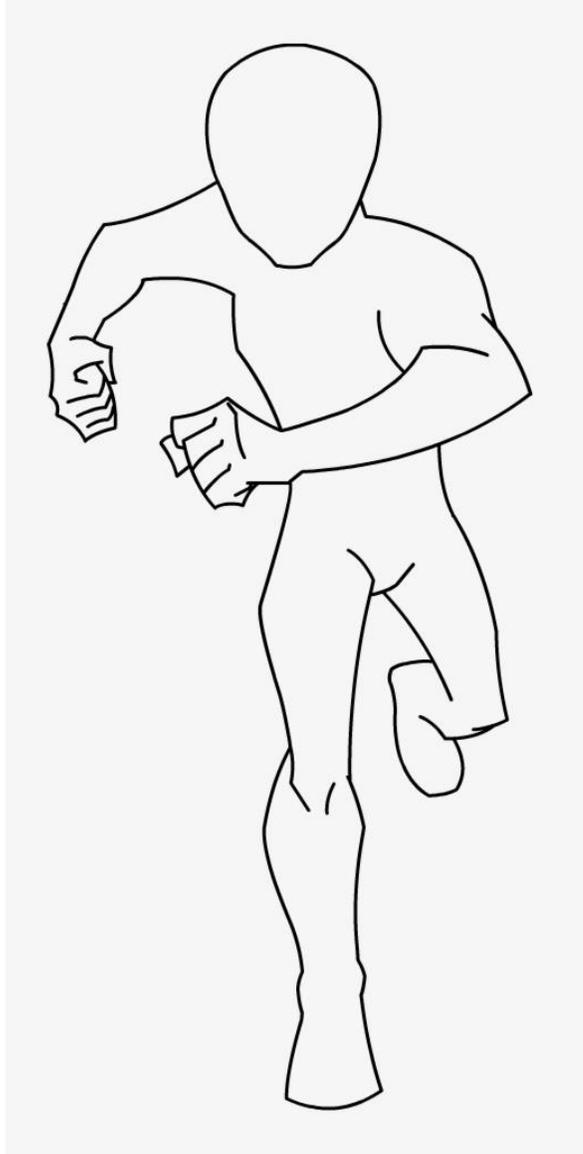
What do they do that makes them so special?

Why not email or send in your pictures to your teacher?

You can use the school email address adminoffice@heathfield.hants.sch.uk to do this.

We would love to see what you've created so please do get in touch!

English resources session 1-



 
Superhero name

  
Superhero special power

 
Sidekick name

  
Sidekick special power

English Resource 2

10



10 rules of _____



Picture of _____

Rule 1

Rule 6

Rule 2

Rule 7

Rule 3

Rule 8

Rule 4

Rule 9

Rule 5

Rule 10

English Resource 3-



Picture of _____

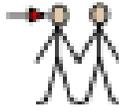


My



hero

is



They

are

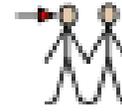


my



hero

because



they...

1

1.)

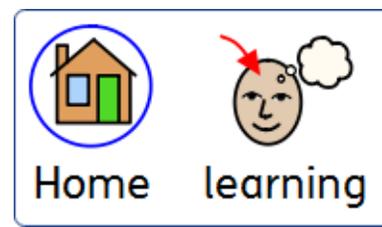
2

2.)

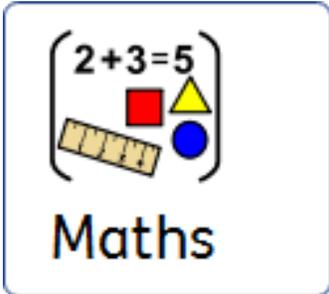
3

3.)

Home learning- Week commencing 13/1/21- 15/1/21



Maths



Session 1

MILD-

Create a superhero scene using small world figures where an action figure saves the day. How many people did they save this time?

SPICY-

A superhero had a very busy Wednesday and he rescued 10 (or 20) people in 2 different incidents.

How many people did he save in each incident?

There are lots of different possible answers here. How many can you find?

Session 2

MILD-

Create a town using building blocks. Use a villain/ doll to destroy the town. Can you help the hero put the town back together again?

SPICY-

Plan out a map of a town for a superhero to live using paper and pens. Use small cars and small world figures to play out an action scene in the town.

Session 3

MILD-

Who is the quickest and who is the slowest to complete the challenges?

SPICY-

Use a stopwatch and complete some timed challenges against your parent/ sibling. Who can be the fastest? How much faster were they?

Why not email or send in your pictures to your teacher?

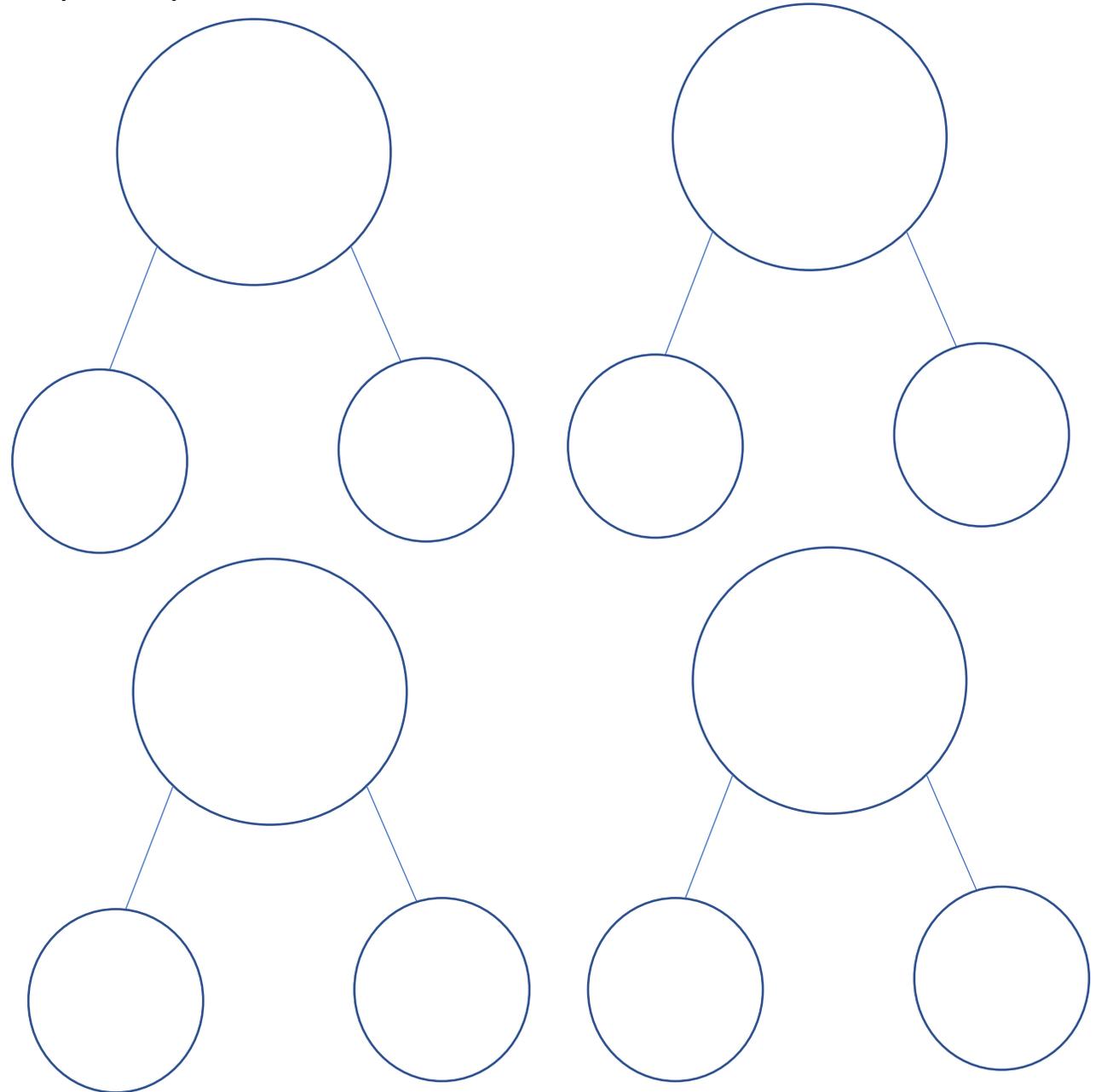
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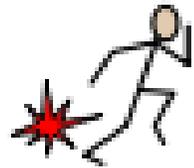
Maths Resource 1-

1	2	3
4	5	6
7	8	9
10	 more	 how many?

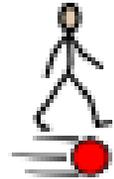
Put your starting number in the top circle- how many different ways can you find?



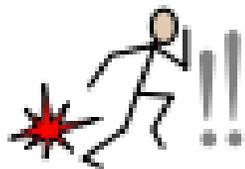
Maths Resource 3



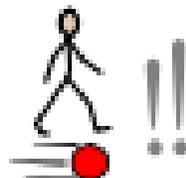
Quick



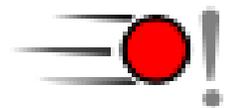
Slow



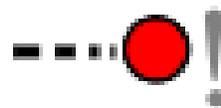
Fastest



Slowest



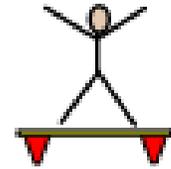
Quicker



Slower

Who will be the quickest? Who will be the slowest?

10



10

star jumps

5



5

laps

of the



garden



Build

a tower

with

10

blocks



using



1

hand



hand



Draw

a



picture

of a



face



run



upstairs

+



find

3

coins



pairs

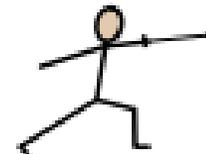


of



socks

5



5

lunges



You can

also



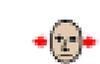
make up



your own



challenges!



Don't



forget

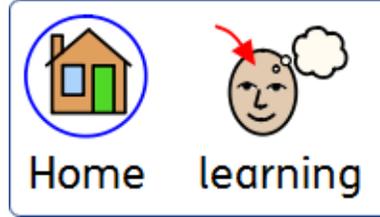


to time



them!

Home learning- Week commencing 13/1/21- 15/1/21



Life Skills



Session 1

Saying thank you

Sometimes saying thank you can make someone very happy. Who could you say thank you to? Perhaps you could make them a card, or a picture to say thank you! How do you feel now?

Session 2

Tidy up

Let's help to tidy! We can do it together. Which room do you think needs tidying? We could do it to some music to make it more fun! <https://www.youtube.com/watch?v=CevxZvSJLk8&list=PLWLIkFICHOB5Amt6T7IPawzxX4WNNyH4N> or choose your own!

Session 3

Dressing/ undressing

All superheros need to practice sometimes! Practice putting on your own socks or doing up your shoe laces! Perhaps you find zips or buttons hard? Use this time to practice.

Why not email or send in your pictures to your teacher?

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We would love to see what you've created so please do get in touch!

Life Skills 1

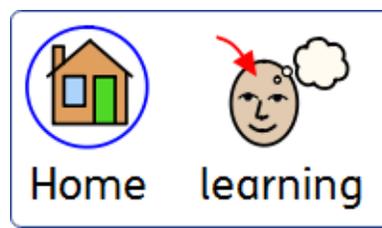


Thank you to _____

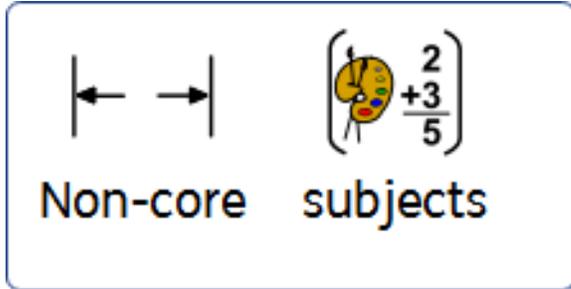


Thank you for...

Home learning- Week commencing 11/1/21



Non-core subjects



Session 1

PE/ Exercise

<https://www.youtube.com/watch?v=Py4fhsx3Ct4>

Because superheroes need to keep fit! Can you feel your heart beating? This is good as it means you are exercising. Exercising is good for our hearts and our muscles.

Session 2

PDL- Eating healthily

<https://www.youtube.com/watch?v=kKuYfLM0yDc>

Superheroes need to look after themselves. Take all the food you have in the kitchen and split into 3 piles- 'healthy', 'unhealthy', and 'little bit is ok'

Session 3

Cooking

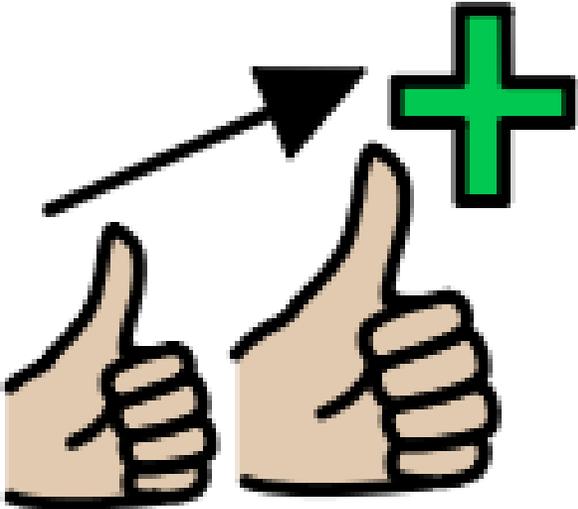
Make yourself or your family a healthy snack.

**Note please be careful if you or your family have any allergies. Also, if your child is reluctant around new foods, exploring it and interacting with it can be just as good as actually eating it, so this doesn't have to be your goal.

Why not email or send in your pictures to your teacher?

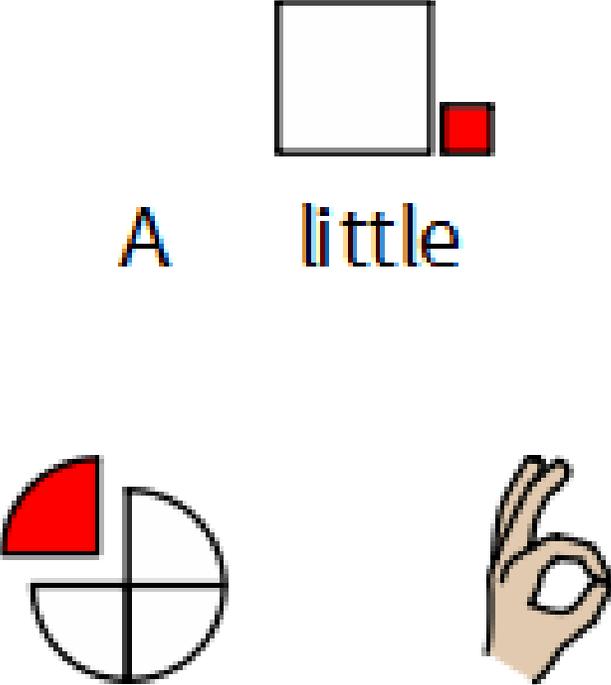
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Healthy

The icon for 'Healthy' features two thumbs-up gestures, a black arrow pointing towards a green plus sign, and the word 'Healthy' written in a large, bold, black font.



A little bit is ok

The icon for 'A little bit is ok' includes a large white square with a small red square to its right, a circle divided into four quadrants with the top-left quadrant shaded red, and a hand making an 'OK' gesture. The text 'A little bit is ok' is written in a black font.



Unhealthy

The icon for 'Unhealthy' shows a thumbs-up gesture and a green plus sign, both crossed out by a thick red diagonal line. The word 'Unhealthy' is written in a large, bold, black font.

Cooking

