

## The Federation of Heathfield and St Francis Schools



Oldbury Way, Fareham, Hampshire PO14 3BN

Executive Headteacher  
Steve Hollinghurst B.A M.A (SEN) PGCE



7<sup>th</sup> March 2018

Dear Parents/Carers,

On Friday 16<sup>th</sup> March we will be having a GREEN DAY. This will be an opportunity for the children to learn about how to live more sustainably by recycling, reducing waste and making greener choices in their day-to-day lives. They will also be finding ways to make their class outdoor areas more ecofriendly and making resources to encourage wildlife into our outdoor spaces. As part of this themed day we are hoping that as many children as possible will wear green-coloured clothing.

We will be holding a Sustainable Lunchbox Challenge at lunch time. This will involve as many children as possible bringing in a packed lunch on that day - the idea being to try to create as little non-recyclable waste as possible. The rubbish will be weighed and the class with the least amount of rubbish will win the challenge! Please see the back of this letter for more information on how to reduce the amount of plastic and waste used in a packed lunch.

I'm sure you will agree that this is a very important subject – I know many of the children already feel very passionate about it and quite rightly as it is their future.

Let's GO GREEN on the 16<sup>th</sup>!

Many thanks for your continued support.

Kind regards,

Rowena Lowe  
Oak Class Teacher

## HOW TO CREATE A SUSTAINABLE LUNCH BOX

- Wrap sandwiches etc. in kitchen roll, instead of cling film or silver foil, or put them straight into a reusable Tupperware box



- Replace packets of crisps with breadsticks or crackers, wrapped in kitchen roll. You could add some soft cheese or humus in a reusable tub to dip them in.

- Buy a big tub of yogurt and put a little bit in a small container, rather than use a pot each day.



- Replace chocolate bars with fruit – less plastic wrappers and healthier! OR buy a big bar of chocolate and include a few chunks.

- Make your own granola and put a square in each day, wrapped in kitchen roll – it's cheaper, healthier and no plastic wrappers!

- Fill a reusable bottle with squash or water.



- Next time you buy a lunch box you could consider getting one with compartments – this will make your sustainable lunch even easier to make as you just pop things straight into it!



Even making just one small change can make a difference. Let's GO GREEN!