



# Heathfield School

Executive Headteacher: Steve Hollinghurst PGCE MA (SEN)  
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11<sup>th</sup> May 2017

Dear Parents

We will be holding a De-stress / Mindfulness workshop for parents on Monday 19<sup>th</sup> June 9:45 – 11:45.

Please let me know if you would like to attend by returning the slip below.

Many thanks

Sue King  
Family Support Manager  
[s.king@heathfield.hants.sch.uk](mailto:s.king@heathfield.hants.sch.uk)  
Mob: 07939 292359

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Please return to Sue King ASAP

I / We would like to attend the De-stress / Mindfulness workshop on 19<sup>th</sup> June

Parents Name (s):

Child's Name: